



DUBAI

MASTERCLASS ON INTERVENTIONAL PAIN MANAGEMENT & PAIN EXPO 2026

- Major Joint Pain
- Spinal Pain
- Neuropathic Pain
- Regenerative Medicine
- Neuromodulation

3rd & 4th October 2026

• **Venue** •

Hyatt Regency Dubai Creek Heights, Dubai

To Register Scan



Register : www.bookcpd.com

Program Day 1

08:00 - 08:30 **Registration & Refreshments**

08:30 - 09:00 **Introduction**

09:00 - 09:30 **Upper Limb MSK pain procedures-
(Shoulder, Elbow, Hand & wrist pain management blocks)**

- *Shoulder - Bicep Tendon, AC Joint, SASD Bursa, Gleno-humeral joint, Suprascapular Nerve*
- *Elbow - Medial and Lateral Elbow, Ulnar nerve & Cubital Tunnel*
- *Wrist - Carpal Tunnel & Median Nerve, Guyon's Canal*

09:30 - 10:00 **Lower Limb MSK pain procedures (Hip, Knee, Ankle & foot
interventional pain procedures)**

- *Hip - Hip joint, Trochanteric complex, Ilio-tibial band & lateral femoral cutaneous nerve, hip articular branches*
- *Knee - Knee joint injection, Genicular nerve block*
- *Ankle - Tibio-talar joint, Tarsal Tunnel
Plantar fascia*

10:00 - 10:30 **Tea/Coffee Break**

10:30 - 11:00 **Cervical Spine Procedures using Ultrasound Guidance
(Procedures for Neck pain management)**

- *Cervical Facet and Cervical Medial Branches, ☒☒☒*
- *Cervical Nerve roots*
- *Cervical Sympathetic chain*

11:00 - 11:15 **Thoracic Spine procedures using Ultrasound Guidance
(Procedures for Thoracic spine and Chest wall pain management)**

- *Thoracic Facets, Costotransverse joint*
- *Thoracic Paravertebral*

11.15 - 11.30 **Radiofrequency & Cryoneurolysis for Pain Management-
How does it work?**

11:30 - 11:50 **How to manage Chronic Shoulder Joint Pain?
Role of Shoulder Joint Denervation
(Radio frequency/ Cryoneurolysis)**

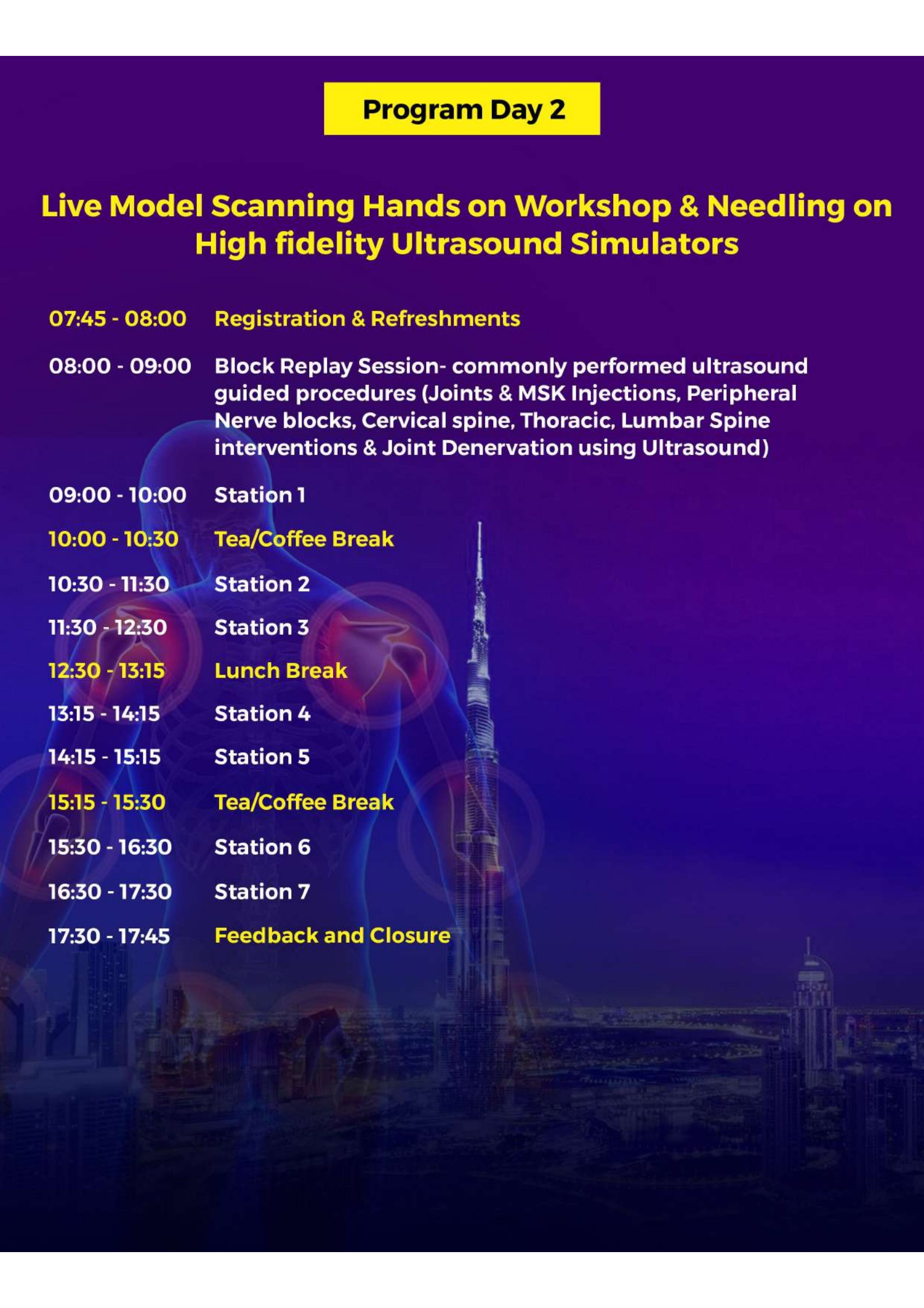
11:50 - 12:10 **How to manage Chronic Knee Joint Pain?
Role of Knee Joint Denervation Radio frequency/ Cryoneurolysis)**

Program Day 1

- 12:10 - 12:30** **How to manage Chronic Hip Joint Pain?**
Role of Hip Joint Denervation/ Interventions
(Radio frequency/ Cryoneurolysis)
- 12:30 - 13:00** **Regenerative Medicine - a Orthobiologics for MSK Pain Management- How do I do it?**
- 13:00 - 14:00** **Lunch Break**
- 14:00 - 15:30** **Ultrasound Live Demonstration of all the blocks**
(Demonstration only)
(Head, Neck, Upper Limb, Thorax, Abdomen, Pelvis, Lower Limb Lumbar Spine, Sacrum)
- 15:30 - 16:00** **Radiofrequency & Cryoneurolysis in Pain Management**
- 16:00 - 16:30** **Tea/Coffee Break**
- 16:30 - 17:00** **Lumbar spine & Sacral procedures using Ultrasound Guidance (Low back & buttock pain management)**
• Caudal Epidural
• Sacro-iliac joint & ligaments
• Piriformis muscle injection
• Lumbar Facet joint & Medial Branches
- 17:00 - 17:30** **Updates in Neuropathic Pain Management- What's New- Case based approach?**
- 17:30 - 17:45** **Feedback & Instructions for Day 1**

Program Day 2

Live Model Scanning Hands on Workshop & Needling on High fidelity Ultrasound Simulators

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- 07:45 - 08:00** Registration & Refreshments
- 08:00 - 09:00** Block Replay Session- commonly performed ultrasound guided procedures (Joints & MSK Injections, Peripheral Nerve blocks, Cervical spine, Thoracic, Lumbar Spine interventions & Joint Denervation using Ultrasound)
- 09:00 - 10:00** Station 1
- 10:00 - 10:30** Tea/Coffee Break
- 10:30 - 11:30** Station 2
- 11:30 - 12:30** Station 3
- 12:30 - 13:15** Lunch Break
- 13:15 - 14:15** Station 4
- 14:15 - 15:15** Station 5
- 15:15 - 15:30** Tea/Coffee Break
- 15:30 - 16:30** Station 6
- 16:30 - 17:30** Station 7
- 17:30 - 17:45** Feedback and Closure